

Wedi coginio / Cooked

Brechdan Cymreig - Cig moch, selsig, pwdin du, wy, madarch, hash brown, tomato a ffa -

Welsh Breakfast - Bacon, sausage, black pudding, egg, mushroom, hash brown, tomato & beans 10

Brechdan Fegan - selsig fegan, tomato, madarch, ffa, brown hash -

Vegan Breakfast - Vegan sausages, tomato, mushrooms, beans, hash brown 10

Wyau wedi'u potsio ar dost - **Poached eggs on toast 7**

Wyau wedi'u potsio ar dost - **Poached eggs with smoked salmon on toast 9**

Wyau wedi'u sgramblo ar dost - **Scrambled eggs on toast 7**

Wyau wedi'u sgramblo ar dost - **Scrambled eggs with smoked salmon on toast 9**

Wyau wedi'u sgramblo ar dost - **Eggs benedict - ham, toasted muffin, poached eggs, hollandaise sauce 9**

Wyau Royale - eog mwg, myffin wedi'i dostio, wyau wedi'u potsio, saws hollandaise

- **Eggs Royale - smoked salmon, toasted muffin, poached eggs, hollandaise sauce 9.5**

Afocado wy wedi'i botsio ar dost gyda madarch gwastad - **Avocado, poached egg & toast 8**

Brechdan Bacon - **Bacon Sandwich 6.5**

Brechdan Selsig - **Sausage Sandwich 7**

Brechdan Selsig quarn - **Quan Sausage Sandwich 7**

Brathladau Ysgafnach / Lighter Bites

Tost, menyn, jam - **Toast, butter, jam 3**

Smwddi brechwast gyda ceirich, mafon, llus, banana, had llin - **Breakfast smoothie with oats, raspberry, blueberry, banana, flaxseed 4**

Croissant, jam a menyn - **Croissant with Jam and butter 3.5**

Flap Jacks, ddewis o amrywiaeth - **Flap Jacks, chose from a variety 1.8**

alpen, cornflakes, coco pops, rice crispies, or weetabix 3.5

alpen, creation yd, coco pops, Krispies reis, weetabix 3.5

Unlimited Tea & Coffee 2

te a choffi diderfyn 2

Unlimited juice 1.5

sudd diderfyn 1.5

How to order

Please order at the Bar or reception desk

Please note your table number when ordering. All our breakfasts are cooked to order, at busy times there can be a delay. If you are concerned please ask about waiting times.

If for any reason you are not satisfied with your meal please [let us know immediately](#) so we can address the issue, and have you leaving as a happy customer.

Special dietary requirement? We take food allergies very seriously and strive to provide our customers with accurate information about the ingredients in our dishes. However please be aware that our kitchen handles a variety of allergens (some of which can become airborne) and we cannot guarantee that our food is 100% allergen free. If you have a food allergy, please inform your server before placing your order, We will do our best to accommodate your needs, but please be aware that we can not guarantee that our food will not contain trace amounts of allergens. We encourage customers with severe allergies to exercise caution when dining with us. The golden fleece accepts no liability for any allergic reactions that may occur from consuming our food. Thank your your understanding.