

# Cinio Dydd Sul / Sunday Lunch

## Cyrsiau Cyntaf / Starters

Cawl y dydd, bara Menyn Cymreig

**Homemade Soup of the Day served with bread and welsh butter 7**

Lletem bri wedi'i ffrio'n ddwfn gyda nionyn wedi'i garamelleiddio 7.5

**Deep fried breaded bri wedge with caramelised onion 7.5**

Coctel corgimwch clasurol gyda letys

**Classic Prawn cocktail with shredded lettuce 7.7 GF on request**

Tatws creisionllyd wedi'u malu gydag olew trwffls, caws parmesan, alioli a roced 7.5

**Crispy smashed potatoes with truffle oil, parmesan cheese, aioli & rocket 7.5**

bysodd halloumi gwllchgaws saus sweet chilli 7.5

**Halloumi sticks with sweet chilli sauce 7.5**

Tarten gaws gafr, jam nionyn coch, balsamig ar wely o salad 7.5

**Goats cheese tart, red onion jam, balsamic on a bed of salad 7.5**

## Cinio Plant / Childrens Lunch

Mae Cinio Sul Plant ar gael

**Children's Sunday Lunch is available: 8.5**

(Please note we cannot do a Childs portion of nut roast )

Ham traddodiadol / **Traditional ham 7 GF on request**

Nygets cyw iâr / **Chicken Nuggets 7**

Selsig / **Sausages 7**

Selsig faux / **Faux Sausages 7 VGA**

Bysedd pysgod / **Fish Fingers 7**

Stribedi ChiQin / **ChiQin strips 7.5 VGA**

Mae'r uchod i gyd ar gael gyda naill ai sglodion neu datws newydd, a salad, ffa neu bys.

**All the above are available with either chips or new potatoes, and salad, beans or peas.**

## Plat Rhost "Fleece" / Fleece Roast Platter

Cyw iâr, Cig Eidion a phorc gydag amrywiaeth o lysiau a thatws rhost @ 18 y pen (lleiafswm o 2 berson yn rhannu)

**Chicken, Beef & belly pork with an assortment of seasonal vegetables, roast potatoes Yorkshire puds & stuffing balls @18 per person (Minimum of 2 people sharing)**

## Prif gyrsiau / Main Courses

Cig Eidion Cymreig Rhost, Pwdin Swydd Efrog, Tatws Rhost, Jus Llysiâu tymerol 16

**Roast Welsh Beef, Yorkshire Pudding, Roast Potatoes, Rich Jus, seasonal Vegetables 16**

Porc, Tatws Rhost, Jus, Llysiâu tymerol 16

**Belly Pork, Roast Potatoes, Rich Jus, seasonal Vegetables 16**

Cyw iâr rhost, tatws rhost, llysiâu tymhorol & jus 16

**Roast chicken, roast potatoes, seasonal veg & jus 16**

Nut roast, Tatws newydd rhost, grefi, llysiâu tymherol 16

**Nut Roast new potatoes, gravy, seasonal vegetables 16 V on request**

## Ochrau/ Sides

Caws blodfresych 4

**Cauliflower cheese 4**

Tatws rhost 3

**Roast potatoes 3**

Peli stuffin 2.5 (5 pël)

**Stuffing balls 2.5 (5 balls)**

## Pwdin / Dessert

Pwdin taffi gludiog hufen iâ caramel hallt 7.5 gf

**Sticky toffee pudding salted caramel ice cream 7.5 gf**

Brownis cynnes cartref gyda hufen iâ dilliau 8

**Homemade warm brownie with honeycomb ice cream 8**

Hufen iâ sundae 8 (gofynnwch am y blas sydd ar gael)

**Ice cream sundae 8 (please ask for available flavours)**

Teisen gaws cartref y dydd 8

**Homemade cheesecake of the day 8**

Eton mess 8

**Eton mess with a mixed fruit coulis 8**

Bwrdd caws 10.5 (VGA ar gais)

**Cheeseboard 10.5 (VGA on request)**

**NGCI – NO GLUTEN CONTAINING INGREDIENTS, NGCI\* CAN BE  
ADAPTED TO BE COOKED WITHOUT GLUTEN, V - SUITABLE FOR  
VEGETARIANS, VG - SUITABLE FOR VEGANS  
VGA - VEGAN ALTERNATIVE AVAILABLE.**

If you suffer from a food related allergy please enquire with a team member for advice before you order. Not all ingredients are listed on the menu & our kitchen uses nuts, gluten and other allergens. Although every care is taken to prevent cross contamination of allergens we cannot guarantee it. Prices are GBP.

### **Food and our ethics.**

We are incredibly conscious about where our produce is sourced from & how it's made from start to finish. A lot of thought & time has gone into our chosen suppliers. You will find our beef is 100% Welsh born, bread & grass .fed. The cattle never leave Wales, is fully traceable with full plate to gate information and is reared to some of the highest welfare standards in the industry. We strive to buy everything we can from within Wales, sometimes in order to find what we consider the best quality paired with the best welfare we have looked further afield. We send zero waste to land fill. 100% of our waste is processed & what can't be recycled is used as fuel in energy from waste plants.

*\*Please note occasionally due to supply constraints it is possible we need to substitute products or services. Where we do so, we will endeavour to ensure the substitute matches our ethics.*