

Cinio Dydd Sul / Sunday Lunch

Cyrsiau Cyntaf / Starters

Cawl y dydd, bara Menyn Cymreig

Homemade Soup of the Day served with bread and welsh butter 7

Lletem bri wedi'i ffrio'n ddwfn gyda nionyn wedi'i garamelieiddio 7.5

Deep fried breaded bri wedge with caramelised onion 7.5

Coctel corgimwch clasurol gyda letys

Classic Prawn cocktail with shredded lettuce 7.7 GF on request

Tatws creisionllyd wedi'u malu gydag olew trwffls, caws parmesan, alioli a roced 7.5

Crispy smashed potatoes with truffle oil, parmesan cheese, aioli & rocket 7.5

bysodd halloumi gwllchgaws saus sweet chilli 7.5

Halloumi sticks with sweet chilli sauce 7.5

Tarten gaws gafr, jam nionyn coch, balsamig ar wely o salad 7.5

Goats cheese tart, red onion jam, balsamic on a bed of salad 7.5

Pate, tost, siytni nionyn, menyn cymraeg NGCI* 7.5

Pate, toast, onion Chutney, welsh butter NGCI* 7.5

Cinio Plant / Childrens Lunch

Mae Cinio Sul Plant ar gael

Children's Sunday Lunch is available: 8.5

(Please note we cannot do a Childs portion of nut roast or chicken)

Ham traddodiadol / **Traditional ham 7 GF on request**

Nygets cyw iâr / **Chicken Nuggets 7**

Selsig / **Sausages 7**

Selsig faux / **Faux Sausages 7 VGA**

Bysedd pysgod / **Fish Fingers 7**

Mae'r uchod i gyd ar gael gyda naill ai sglodion neu datws newydd, a salad, ffa neu bys.

All the above are available with either chips or mash, and salad, beans or peas.

Plat Rhost "Fleece" / Fleece Roast Platter

Cyw iâr, Cig Eidion a Mêl a Chig Oen rhost, gydag amrywiaeth o lysiau tymhorol, tatws rhost, stwnsh, pwdinau Swydd Efrog a stwffin @18 y pen (lleiafswm o 2 berson yn rhannu) **Chicken, Beef & honey & roast lamb, with an assortment of seasonal vegetables, roast potatoes, mash, Yorkshire puds & stuffing @18 per person (Minimum of 2 people sharing)**

Prif gyrsiau / Main Courses

Cig Eidion Cymreig Rhost, Pwdin Swydd Efrog, Tatws Rhost, stwnsh, jus cyfoethog, tymhorol, Llysiau a stwffin 16

Roast Welsh Beef, Yorkshire Pudding, Roast Potatoes, mash, Rich Jus, seasonal, Vegetables & stuffing 16

Cig oen rhost, tatws rhost, stwnsh, jus cyfoethog, llysiau tymhorol, a stwffin 16

Roast lamb, Roast Potatoes, mash, Rich Jus, seasonal Vegetables, & stuffing 16

Cyw iâr rhost, tatws rhost, stwnsh, llysiau tymhorol, jus a stwffin 16

Roast chicken, roast potatoes, mash, seasonal veg, jus & stuffing 16

Rhost Cnau Cartref, tatws newydd, grefi, stwnsh, tymhorol 16

Homemade lentil Roast, new potatoes, gravy, mash, seasonal vegetables 16 V VG on request

Ochrau/ Sides

Caws blodfresych 3.5

Cauliflower cheese 3.5

Tatws rhost 2

Roast potatoes 2

stuffin 1.5

Stuffing 1.5

Pwdin / Dessert

Pwdin taffi gludiog hufen iâ caramel hallt 7.5 gf

Sticky toffee pudding salted caramel ice cream 7.5 gf

Brownis cynnes cartref gyda hufen iâ dilliau 8

Homemade warm brownie with honeycomb ice cream 8

Hufen iâ sundae 8 (gofynnwch am y blas sydd ar gael)

Ice cream sundae 8 (please ask for available flavours)

Teisen gaws cartref y dydd 8

Homemade cheesecake of the day 8

Eton mess 8

Eton mess with a mixed fruit coulis 8

Bwrdd caws 10.5 (VGA ar gais)

Cheeseboard 10.5 (VGA on request)

Tarten oren siocled 8 (VGA ar gais)

Chocolate orange tart 8 (VGA on request)

Teisen gyffug siocled 8

Chocolate fudge cake 8

**NGCI – NO GLUTEN CONTAINING INGREDIENTS, NGCI* CAN BE
ADAPTED TO BE COOKED WITHOUT GLUTEN, V - SUITABLE FOR
VEGETARIANS, VG - SUITABLE FOR VEGANS
VGA - VEGAN ALTERNATIVE AVAILABLE.**

If you suffer from a food related allergy please enquire with a team member for advice before you order. Not all ingredients are listed on the menu & our kitchen uses nuts, gluten and other allergens. Although every care is taken to prevent cross contamination of allergens we cannot guarantee it. Prices are GBP.

Food and our ethics.

We are incredibly conscious about where our produce is sourced from & how it's made from start to finish. A lot of thought & time has gone into our chosen suppliers. You will find our beef is 100% Welsh born, bread & grass .fed. The cattle never leave Wales, is fully traceable with full plate to gate information and is reared to some of the highest welfare standards in the industry. We strive to buy everything we can from within Wales, sometimes in order to find what we consider the best quality paired with the best welfare we have looked further afield. We send zero waste to land fill. 100% of our waste is processed & what can't be recycled is used as fuel in energy from waste plants.

**Please note occasionally due to supply constraints it is possible we need to substitute products or services. Where we do so, we will endeavour to ensure the substitute matches our ethics.*